

2016 Rescue Run Kansas 5K Honor Roll Qualifiers

MEN

<u>NAME</u>	<u>AGE</u>	<u>CITY</u>	<u>ACTUAL TIME</u>	<u>AGE TARGET TIME</u>
Luke Bleisdissel	15	Topeka, KS	18:10.0	18:30
Keegan Staats	15	Overland Park, KS	18:14.0	18:30
Lile Budden	56	Colo Springs, CO	19:53.0	20:10
Jay O'Neill	62	Manhattan, KS	20:39.0	21:10
Clay Lang	77	Topeka, KS	31:34.0	33:00

WOMEN

<u>NAME</u>	<u>AGE</u>	<u>CITY</u>	<u>ACTUAL TIME</u>	<u>AGE TARGET TIME</u>
Michelle Andrew	44	Topeka, KS	19:13.0	20:40
Dixie Smith	58	Topeka, KS	23:58.0	25:00
Dee Boeck	67	Lawrence, KS	25:35.0	31:30
Mary Jane Mann	83	Topeka, KS	39:46.0	51:00

Overall (1, 2, 3), Masters(40+), Grand Masters(50+), and Senior Grand Masters(60+) winners; in addition to all who record a new State Record or Honor Roll Qualifier will receive free entry to the 2017 Rescue Run.

More information on Kansas Road Running Records and Honor Roll can be found at www.runlawrence.org by clicking on the State Records link

Thanks to Millard "Jack" Crook of Mulvane, KS for his many years of devoted record keeping and thanks also to Gene Wee of Lawrence, KS for his work in continually publishing the listings online